

## BEAVER CREEK CAMP

AN INFORMATION RESOURCE FOR PARENTS SENDING KIDS TO CAMP FAITH | FRIENDS | ADVENTURE

VISIT OUR WEBSITE AT WWW.BEAVERCREEKCAMP.CA



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## **CONTACT INFO/DIRECTIONS**

#### **CAMP OFFICE**

The Salvation Army Beaver Creek Camp

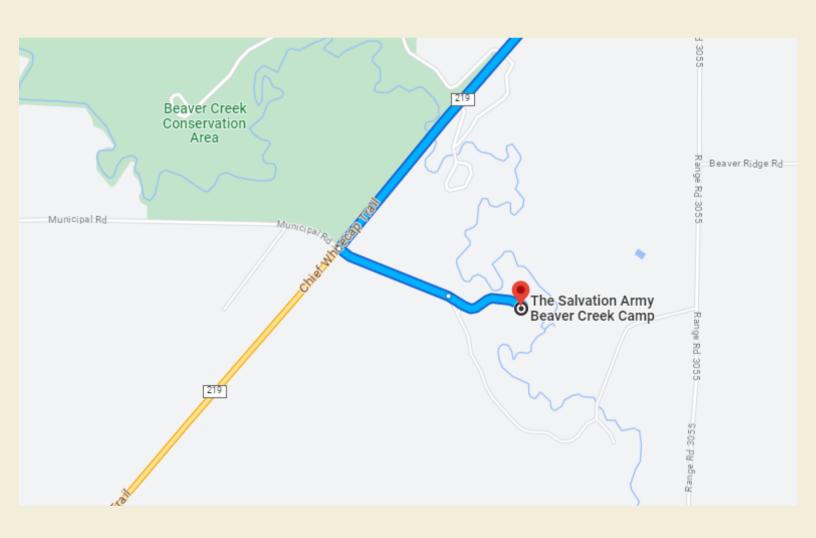
Prairie Division - Saskatchewan Site #809, RR8 Box 19 Saskatoon, SK S7K 1M2

Main Office: 306 374 5373

Fax: 306 477 4883

#### **DIRECTIONS FROM SASKATOON**

- Head south on Idylwyld Dr N/Louis Riel Trail/SK-11 S/SK-12 S
- Take the SK-219 S/Lorne Ave exit
- Turn right onto Chief Whitecap Trail/Lorne Ave/SK-219 S
- Turn left at Municipal Rd
- Continue Straight



## **MISSION & VALUES**

#### WHAT IS BEAVER CREEK CAMP?

Beaver Creek Camp is a ministry of the Salvation Army that hosts summer overnight camping ministries for children and youth from across the Prairie division

#### **BEAVER CREEK CAMP MISSION**

Beaver Creek Camp exists to promote the spiritual growth and awareness of God's love through the warmth of Christian fellowship in the beauty of His creation.



#### THE SALVATION ARMY MISSION

The Salvation Army exists to share the love of Jesus Christ, meet human needs and be a transforming influence in the communities of our world.

#### THE SALVATION ARMY VALUES

#### Hope

We give hope through the power of the gospel of Jesus Christ.

#### Service

We reach out to support others without discrimination.

#### Dignity

We respect and value each other, recognizing everyone's worth.

#### Stewardship

We responsibly manage the resources entrusted to us.



### CAMP STAFF

#### **ABOUT OUR TEAM**

Our staff is predominantly Christian youth & young adults who choose to spend their summer creating a safe and fun space for our campers.

They receive significant training and many have been on staff for multiple years.

All staff receive emergency preparedness training so that in the unlikely event of an emergency, we can handle it appropriately and efficiently.



#### **KEEPING CAMPERS SAFE**

The Salvation Army Beaver Creek Camp prides itself on being a safe space for everyone. In an effort to create the safest space possible, all staff and volunteers are required to complete:

- Criminal Record Check with Vulnerable Sector
- Child Abuse Registry Check
- Screening through The Salvation Army's national Child Abuse Registry
- Praesidium Armatus Online Abuse Prevention Training
- Duty specific on-site training



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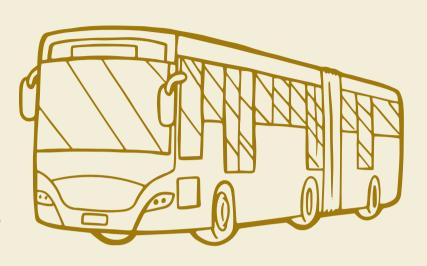
## **TRAVEL**

#### **TRANSPORTATION**

Did you know that your local Salvation Army may be able to provide transportation to and from camp?

Contact your local Salvation Army to see if travel may be offered.

For a list of Salvation Army centres, or directions to our camp, please check out our website at www.beavercreekcamp.ca



#### **CHECK IN TIMES (DIRECT DROP OFF)**

If you plan on getting yourself to camp, the check in time for our Adventure & Teen camps is between 11:00AM-12:00PM on Monday.

NOTE: Drivers of campers are expected to stay at camp until campers have completed the registration process and are ready to check into their cabins



#### **CHECK OUT TIMES (DIRECT PICK UP)**

If you plan on picking up your kids from camp, the check out time for our Adventure & Teen camps is between 1:30PM-2:00PM.

## WHAT SHOULD YOU PACK?

#### **CLOTHING**

- 1-2 pairs pyjamas
- 6 pairs underwear
- 6 pair socks
- 3 pairs pants
- 3 pairs shorts
- 5-6 t-shirts
- 1 pair running shoes
- 1 pair sandals
- 1 pair rain boots
- 1 raincoat with hood or rain hat
- 1 warm jacket (fleece is good)
- 1 bathing suit (one piece and trunks only)
- 2 sweatshirts or warm sweaters
- 1 sun hat

#### **BEDDING**

- 1 sleeping bag
- 1 blanket (optional)
- 1 pillow
- 1 pillow case
- 1 single mattress cover (optional)

#### **OPTIONAL**

- Bible (if you have one—provided at camp if needed)
- Writing Paper/Journal/Notebook
- Flashlight w/ extra batteries
- Favourite Stuffed Animal



#### **TOILETRIES**

- 1-2 large towels
- 1 toothbrush & toothpaste
- 1 hair brush/comb
- 1 shampoo/conditioner
- 1 soap
- 1 lip balm
- 1 bug repellant
- 1 sunscreen SPF 30 or higher



# WHAT YOU SHOULD NOT PACK

#### **ELECTRONICS**

All electronics (ex: cell phones, iPads, gaming systems, etc.) are NOT permitted at camp.

Our goal is to create and environment where meaningful friendships can develop. Limiting the distractions during the week will assist our staff in giving your child an unforgettable experience at camp.

Any electronics brought to camp will be safely stored away and returned on the last day of camp.



#### **WALKIE TALKIES**

These may interfere with the camp's urgent communications. Please do not allow your child to bring "walkie talkies" or 2 way radios to camp.

#### **CAMERAS**

Due to the nature of the shared accommodations and the legalities of photo releases, we do not allow campers to carry cameras at camp.

#### OTHER ITEMS NOT TO BRING

- Knives/Blades/Sharp Objects
- Over-the-counter medication
- Cash (Campers get two free canteen items each day
- Alcohol or Drugs (Possession will result in dismissal from camp)

#### **PLEASE NOTE**

Beaver Creek Camp is not responsible for items that are lost or damaged while at camp.

Labelling everything is recommended

Please pack tightly and avoid sending campers with more than 2 bags.

# KEEPING IN TOUCH AT CAMP

#### PHONE CALL, MAIL AND EMAIL POLICY

Many parents feel anxious to know how their child is fairing at camp. Since homesickness usually worsens if parents contact their child, we discourage phone calls, sending mail or emails. (Please read more about homesickness on page)

If you have serious concerns about your child you may call the camp office to speak with a staff member. If a staff member is not available at the time of your phone call we will be sure to respond within 24 hours.

#### **VISITING CAMP**

For security reasons, unplanned visits while your child is with us at camp are prohibited.

Remember, while your child knows who you are, other parents do not and we assure our families that we have the proper security checks in place for anyone interacting with the kids.





#### **CONTACT INFO**

If there is any change to the camper's contact and/or emergency contact information that was submitted on the camp registration, please log into your account again to submit any updates needed.

If you experience any problems with this please contact us directly by phone or email to ensure that the information in our records is up to date

#### WE WILL CALL YOU IMMEDIATELY IF

- Your child has a serious illness or injury
- Is having significant difficulties while at camp
- Your child is homesick and all efforts to console them have failed

## **RULES FOR CAMPERS**

#### **CAMP RULES**

Beaver Creek Camp is a safe space for everyone and is built around respect for one another and for our environment, As such we ask that campers follow these rules:

- Respect one another
- No bullying of any kind
- Wear appropriate clothing and footwear
- Clean up after yourself/stack chairs after meals
- No littering
- No open food in the cabins
- Wash your hands before eating.
- Listen to the staff



#### **BULLYING**

Bullying of any kind will not be tolerated as camp is to be a safe space for all campers to be who they are and to be able to express themselves freely.

Bullying will be dealt with immediately and appropriately.
Continued bullying may result in dismissal from camp.

#### **DISCIPLINE**

Our staff are trained to deal with negative camper behavior in a non physical communicative way. Scolding and/or embarrassment have no place in our discipline strategy. We seek the root cause of the issue and talk it through in a supportive way.

When possible, we try to redirect negative behaviour to a different acitivity or conversation before removing a child from an activity to calm down and chat.



If negative behaviour is constant or severe and/or threatens the physical/emotional well being of other campers, the camper may be dismissed from camp.

Camp fees will not be refunded for dismissal from camp. The parent/guardian will be responsible for picking up their child from camp.

## **HOMESICKNESS**

#### YOU ARE NOT ALONE!

It is very common for children go through a period of homesickness when they first arrive at camp. This is very natural. It happens to children of all ages and camp experience.

It is important that we acknowledge the reality of those feelings and take positive steps to help children get through that stage.

Cabin leaders are trained to deal with homesickness by giving children close personal attention, helping them make new friends and engaging them in new and fun activities.





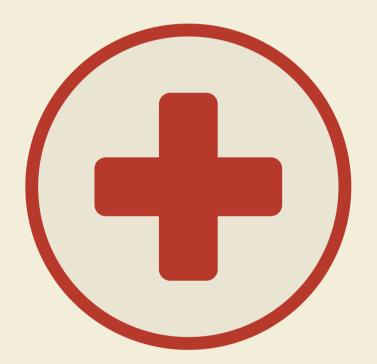
#### WHAT YOU CAN DO TO HELP

- Tell your child it is ok to feel homesick because it is normal.
- Encourage them to be brave and participate and remind them how much fun they are going to have!
- Let your child know that the camp is a safe place and the staff are there to help them
- Encourage them to tell a staff member if they are homesick and not to hide it. Staff are happy to help!
- Avoid telling your child they can leave if they are homesick. While this is certainly an option if they are having significant trouble, telling them this before camp may close them off from giving camp a chance.

## **MEDICAL INFO**

#### MEDICAL FORM

It is very important that you complete the medical form for your child with accurate and up to date information. If anything has changes since filling out your form please log in and adjust the info or contact us directly to complete a new form.



#### **DIETARY RESTRICTIONS**

We have an excellent menu to accommodate food allergies and dietary restrictions. Just be sure to mark allergies/reactions and dietary requirements on the medical form. Please keep in mind that food preference is not a dietary restriction. If you have concerns about the menu please contact us in advance

#### MEDICATIONS AT CAMP

We do not allow campers to keep any medications in their cabins with the exception of an EpiPen or Inhaler.

If your child needs an inhaler or EpiPen, please send at least two. One stays with the Cabin Leader, so it is always near the child; the other (labeled) goes to the Camp Nurse.

All medications must be stored and administered by the Camp Nurse. If your child is coming to camp with medications they must be clearly marked by the pharmacy.

We will not administer medication with another person's name on it, or if it is outside of the prescribed medication container.

Please ensure that you send enough of the prescribed medication that your child will require for the week for any medical or physical conditions.

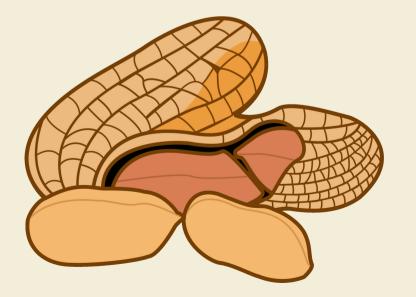
DO NOT send over-the-counter medications "just in case". We stock plenty of Tylenol, Ibuprofen, cough syrup, etc. in the First Aid Station.

## MEDICAL INFO CONTINUED

#### LICE

Lice are never fun! Unfortunately they do pop up from time to time, whether we like them or not.

- We expect parents/guardians to inspect their children for head lice & nits and treat any infestations before camp.
- Upon arrival, campers will be checked for head lice & nits.
   Anyone found with head lice and/or nits will be treated immediately.
   Parents/guardians will be informed.
- Following successful treatments campers will be permitted to return to the camp program.





#### **ALLERGIES**

#### <u>Food</u>

There are children at camp with life threatening nut allergies. Please help us keep them safe. DO NOT send your child to camp or on the bus with any foods containing nuts or peanuts. Due to severe allergies our dining hall does not serve peanut or nut products. Ensure that the allergy information is included on your child's online medical form. If it is needed, you can email or phone the main office before camp to make a safety plan for your child.

#### Insects

If your child has a life-threatening allergy to stinging insects, we REQUIRE that they come to camp with 2 auto-injectors. One is kept with the camper/Cabin Leader and one is kept with the Camp Nurse.